



Are you supporting a family where conflict is negatively impacting on the child/ren?

Come along to one of our briefings to hear about the launch of **Strengthening Family Relationships** and familiarise yourself with the web page and tools.

[22/09/23 1:30 - Strengthening Family Relationships briefing 1](#)

[28/09/23 10:00 - Strengthening Family Relationships briefing 2](#)

[05/10/23 2:00 - Strengthening Family Relationships briefing 3](#)

[13/10/23 10:00 - Strengthening Family Relationships briefing 4](#)

Strengthening Family Relationships

[View all services in this category](#)

About Parental Conflict

Read an overview of parental conflict, learn about why it matters, and why it is different to domestic abuse

Common causes of conflict

There are many reasons that conflict may arise in relationships, but help is available no matter what the problem

Practical tools and resources to help improve relationships

Conflict in relationships can be tricky to sort out on your own, but there are lots of tools and resources to help you sort it out

Download the app!

Ready to sort it out? Download the [Between us app](#) to help you have a better relationship with your partner or co-parent