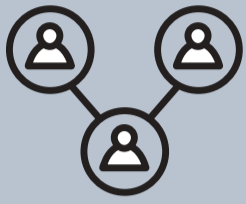


# Community food services

This is a quick introduction to different types of community food services in South Oxfordshire and Vale of the White Horse

Food banks, food larders, community fridges are all examples of community food services (CFS)



CFS provide free or subsidised food for the community, and some may provide cooked meals

Stock usually includes non-perishable foods, fruit and vegetables. Food banks often stock toileteries and cleaning products.



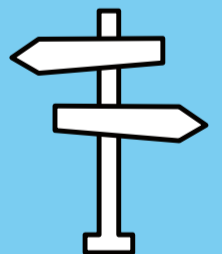
Most receive donations from community members or local shops who have surplus food nearing use-by or best-before-dates. This can be arranged directly, or through schemes like [Fareshare Go](#) and [Neighbourly](#).

Food larders and community fridges can also serve as social spaces that enable people to connect to their communities



CFS are usually managed by voluntary and community organisations

CFS usually have volunteers who can signpost residents to other support services if necessary, e.g. mental health, debt and financial advice etc



CFS are usually located in community buildings such as churches and community centres

CFS have a variety of aims such as reducing food insecurity and food waste



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## Food banks

provide emergency food to residents in need, they are only a short-term solution for people in crisis

## Food larders

are membership schemes, open to anyone, members can access food at a more affordable price

## Community fridges

are community generated food-sharing programmes which are food waste reduction focused



### Who can access CFS?

Anyone referred by a professional agency can receive food from a food bank

Anyone who wants to save money and reduce food waste can access food from their local food larder

Anyone can access food from their local community fridge, there are no sign-up or membership fees



### How much food is provided?

Each food voucher allows a minimum of three days' worth of food for the entire household

Members can pick up maximum of 10 non-perishable food items per week, and fruit and veg

Depending on what stock has been donated by local businesses and the wider community, residents can take their fair share

### Where to find CFS in South Oxfordshire

- Didcot
- Berinsfield
- Thame
- Wallingford
- Henley-on-Thames

- Didcot
- Berinsfield
- Henley-on-Thames

- Didcot
- Wallingford

### Where to find CFS in Vale of the White Horse

- Abingdon
- Faringdon
- Wantage

- Abingdon
- Botley
- Wantage

- Abingdon
- Botley
- Wantage

For more details, see the [Community Food Services in Oxfordshire map](#), created by [Good Food Oxford](#)



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