

**NEW**

Launching our new  
**Panel Talks!**



**AUTISM  
FAMILY  
SUPPORT®**  
OXFORDSHIRE

# World Autism Awareness Week

**We are pleased to be launching our NEW Panel Talks**

**Join us for the first of our panel talks to hear from inspirational young people and parents who will share their lived experience, tips and tools.**

## Panel Talks

### **A panel of parents: My best tips and tools**

**Monday 28<sup>th</sup> March 12:30 - 13:30. Online via Zoom**

A panel of parents will share their experiences of parenting autistic children and their Top Five tips. This event is aimed at parents & family members, but everyone is welcome.



### **A panel of young people: Life gets easier - Acceptance, understanding and the next steps**

**Monday 28<sup>th</sup> March 19:30 - 20:30. Online via Zoom**

A panel of autistic young people will share what they have found most (and least!) helpful while growing up. This event is aimed at parents & family members, but everyone is welcome.

### **A panel of young people: Communication styles and masking**

**Tuesday 29<sup>th</sup> March 19:30 - 20:30. Online via Zoom**

A panel of autistic young people will be sharing their tips on communication, the most ridiculous thing they have heard about autism, and what they would you tell their younger self. This event is aimed at professionals, but everyone is welcome.

### **A panel of parents: My best tips and tools**

**Friday 1<sup>st</sup> April 10:00 - 11:00. Online via Zoom**

A panel of parents will share their experiences of parenting autistic children and their Top Five tips. This event is aimed at professionals, but everyone is welcome.



**Cost for each event: £5 pp for parents / family members; £15 for professionals.  
Donations welcome**

**For more information and to book tickets go to the  
Autism Family Support Oxfordshire page on [Eventbrite](#)**