



*Oxfordshire Safeguarding Children Board*

**Oxfordshire Safeguarding Children Board**

**Training Brochure  
2019/20**

## Content Page

Page Title	Page Number
Overview of OSCB Training	Page 3
Information on Core Safeguarding Training	Page 4
What course should I do?	Page 4 / 5
Frequently asked questions (FAQs)	Page 5 / 6
OSCB Trainers	Page 7
Becoming a Trainer for the OSCB	Page 7
<b>Additional Training Information</b>	Page 7
- Bespoke training	Page 7
- Training via other providers	Page 7
- Training in Schools	Page 8
<b>Additional Training (not provided by OSCB)</b>	
- Prevent/WRAP Training	Page 8
- Domestic Abuse Training	Page 8
- Safer Recruitment Training	Page 8
- Safeguarding Adults Training	Page 9
<b><u>OSCB Core Safeguarding Courses</u></b>	Page 10
Generalist Safeguarding Training	Page 11
Advanced Safeguarding Training	Page 12
Designated Safeguarding Lead Training	Page 13
Designated Safeguarding Lead Refresher course	Page 14
<b><u>Early Years Safeguarding Courses</u></b>	Page 15
Generalist Safeguarding Training	Page 16
Designated Safeguarding Lead Training	Page 17
Safer Recruitment Training	Page 18
<b><u>Themed Safeguarding Courses</u></b>	Page 19
Child Sexual Exploitation (CSE)	Page 20
Child Sexual Development: Healthy & Unhealthy Sexual Behaviours	Page 20
Consent and Sexual Health Awareness	Page 21

Digital Safeguarding – Reducing Risk & Building Resilience	Page 24
Domestic Abuse Pathway for Young People training	Page 22
Drugs and Alcohol Awareness	Page 25
Early Help Assessment	Page 26
Female Genital Mutilation (FGM) – An Introduction	Page 27
Modern Slavery	Page 27
Safeguarding Disabled Children	Page 28
Sexual Abuse Workshop	Page 28
Supporting LGBT Children, Young People and Families	Page 23
Working with Fathers and other Male Carers	Page 22
Young People and Mental Health	Page 29
Anxieties Workshop	Page 29
Self-Harm Workshop	Page 30
<b><u>E-learning Courses</u></b>	Pages 31 - 33
Useful Information / Links	Page 34

## Overview of Training

**The Oxfordshire Safeguarding Children Board (OSCB)** offers a wide range of training on various safeguarding related subjects e.g. - Child Sexual Exploitation or Digital Safeguarding. **We offer both face-to-face courses and e-learning courses.**

Training is for professionals/those working in professional capacities that are in contact/working with children and young people. OSCB training is designed to serve **Oxfordshire's workforce** and therefore is **only accessible to members working within or with a remit incorporating Oxfordshire.**

Face-to-face courses offered by OSCB are currently free of charge at the point of delivery, (please note this may change in the future) but there is now a **charge of £50** for late cancellations and non-attendance on the day. Please read the **terms and conditions** on the OSCB website.

## Information on Core Courses

The OSCB offer 3 mandatory courses which are listed below. The Oxfordshire Safeguarding Children Board recommend that all professionals working for 3 hours or more a month with children, young people and/or their families should complete the Generalist Safeguarding Training Course which is accessible via the online booking system. All **designated safeguarding leads** must attend the **OSCB Designated Safeguarding Lead course**.

### What course should I do?

<p><b>Generalist Safeguarding</b></p>	<p>This training is aimed at those working with Children and/or Young People with Regular unsupervised contact (i.e. 3 or more times/days within a 30-day period)</p> <p><b>Please Note:</b> Generalist Safeguarding must be completed every <b>3 years</b>.</p>
<p><b>Advanced Safeguarding</b></p>	<p>This training is aimed at those professionals who regularly work one to one with children and/or young people (i.e. hub workers, Health Visitors, SEN teachers and GPs).</p> <p><b>Please Note:</b> Advanced Safeguarding training must be renewed every <b>2 years</b>. (if no other core course is attended)</p>
<p><b>Designated Safeguarding Lead</b></p>	<p>This training is aimed at Designated / Named Safeguarding leads within a school/setting/organisation who have leadership or management responsibilities for safeguarding Children and Young People within their role. The course will cover in-depth information on safeguarding responsibilities and dealing with concerns raised by colleagues.</p> <p><b>Please Note:</b> Designated Safeguarding Lead Training must be renewed every <b>2 years</b>.</p>

**Designated Safeguarding Lead Refresher Course**

This training is to help **experienced** designated safeguarding leads to think critically and carefully about the management of safeguarding issues in their setting and feel more confident in carrying out the responsibilities of the designated lead.

Delegates must have attended the core designated safeguarding lead course at least twice before attending this refresher course.

**Please Note:** Designated Safeguarding Lead Refresher Training must be renewed every **2 years**.

**Frequently asked Questions -**

Below is a list of frequently asked questions. If your query is not answered below, please email the training team on [OSCB.Training@Oxfordshire.gov.uk](mailto:OSCB.Training@Oxfordshire.gov.uk)

<p><b>How do I book onto a safeguarding training course?</b></p>	<p>Each professional who needs to complete online training or attend face-to-face training needs to register a user profile and book onto a course via the OSCB online training/booking system: <a href="http://training.oscb.org.uk/">http://training.oscb.org.uk/</a></p>
<p><b>I need to book a course for multiple staff members; can I book all at once?</b></p>	<p><b>No;</b> each professional will need to register with a personal email address or personal work email address and not use the generic email address for their workplace. e.g. <a href="mailto:janebrown@nursery.co.uk">janebrown@nursery.co.uk</a> or <a href="mailto:janebrown@email.com">janebrown@email.com</a> and <b>not</b> <a href="mailto:admin@nursery.co.uk">admin@nursery.co.uk</a></p>

<p><b>Why is the system asking for my line managers email address?</b></p>	<p>On registration, you will be required to add your line manager's email address. This is for the following reasons:</p> <ul style="list-style-type: none"> <li>• <b>Evaluation</b> - Your manager will be contacted 3 months after your attendance on a course with a request to respond to an evaluation survey of how the course has impacted on your practice</li> <li>• <b>Payment</b> - In the event of non-attendance, your line manager will be contacted to make payment arrangements for the £50 non-attendance fee</li> <li>• <b>Childminders:</b> Please add your own details under the request for Line Manager email address</li> <li>• <b>Foster Carers:</b> Please enter your Supervising Social Worker's details for Line Manager email address</li> </ul>
<p><b>I can no longer attend a course I've booked onto, what do I do?</b></p> <p><b>What happens if I don't pay the charge from late cancellation or non – attendance?</b></p>	<p>As demand for OSCB courses are high and courses quickly become fully booked, early cancellation is important in order that the place may be offered to another delegate</p> <ul style="list-style-type: none"> <li>• You are able to cancel your own place <b>6 working days</b> before the course by logging into the OSCB training / booking system</li> <li>• If you wish to cancel your place less than 6 days before the date of the course you must email us as you will not be able to cancel your own place</li> <li>• Late cancellations will incur a £50 charge</li> <li>• Booking of further courses will be blocked until payment is received</li> </ul>

## OSCB Trainers

The training pool is built up from a variety of professionals who work with children and safeguarding issues on a regular basis; they volunteer to train for the OSCB and with their manager's approval, take time out of their mainstream job to do so.

The training pool is comprised of professionals such as; teachers, police officers, social workers, youth offending officers and clinical leads from health settings, foster carers, early years workers, etc.

The trainers commit to deliver three (or more) OSCB training courses per year. Trainers are first trained by the OSCB on a course called 'train the trainer' and then they must observe a course, co-train 2 courses and are also observed by the training coordinator to ensure they are fully competent to deliver on behalf of the OSCB. The trainers are also kept up to date on the learning from case reviews and local tools endorsed by the OSCB through 3 development / networking half day sessions per year.

## Becoming an OSCB Trainer

Are you interested in developing your skills and becoming a trainer for the OSCB?

The OSCB are eager to add more professionals who work with children, young people and families to the training pool. Before considering you must ensure you have completed both the Generalist and Designated Lead Safeguarding courses.

**If you would like further information on becoming a trainer please contact the Training Coordinator via email: [oscb.training@oxfordshire.gov.uk](mailto:oscb.training@oxfordshire.gov.uk)**

## Additional Training Information

### Bespoke Training

If you have a number of staff who require Generalist Safeguarding Training, the OSCB can arrange for an OSCB trainer to come out and deliver a session at a time, date and venue suitable for you. There is a charge of £300 for this (for up to 25 people). There will be an additional charge for larger numbers.

The OSCB do not deliver Advanced or Designated Lead as a bespoke course as this must be multi-agency training.

### Training via other providers

If you have been approached by another provider or have looked into another provider to deliver training for you either face-to-face or online, please contact the OSCB team who will advise whether or not they are an approved provider for the OSCB.

## Training in Schools

### Generalist Safeguarding Training and Safer Recruitment in Schools

The LADO / Schools Safeguarding Training maintain Generalist Safeguarding Training and Safer Recruitment Training within Schools. Please contact a member of the team on: **01865 810603** or via email [lado.safeguardingchildren@oxfordshire.gov.uk](mailto:lado.safeguardingchildren@oxfordshire.gov.uk) and they will be able to provide further information on booking training.

## Prevent / WRAP Training

Preventing vulnerable adults and children from being drawn into extremism is a safeguarding concern. It is essential that frontline staff members are able to spot the signs and make a safeguarding referral.

School staff and early years workers are required to complete PREVENT training.

The OSCB do not directly provide this training but there is an online course available via the home office accessed via the link below:

<https://www.elearning.prevent.homeoffice.gov.uk/edu/screen1.html>

## Domestic Abuse Training

The OSCB currently only offers '**Domestic Abuse Pathway for Young People**' training. If you would like to access 'Domestic Abuse: Basic Awareness' (DAU01) training, 'Domestic Abuse: Children and Families' (DAT01), 'Domestic Abuse: Risk Assessment and Safety Planning' (DAT02) or 'Domestic Abuse Champions'(DAR01), please go to the Oxfordshire Safeguarding Adult Board via <https://www.osab.co.uk/> to access courses.

## Safer Recruitment Training

Safer Recruitment face to face course for Early Years Settings can be booked via the Step Into Training booking system. This course is delivered by Early Years practitioners. The Local Authority Designated Officer and Safeguarding Team run face-to-face Safer Recruitment training for Schools. Please contact a member of the team who will be able to advise dates and how to book on 01865 810603 or via email:

[lado.safeguardingchildren@oxfordshire.gov.uk](mailto:lado.safeguardingchildren@oxfordshire.gov.uk)

There is an online package via the Safer Recruitment Consortium and they can be accessed via this link: [www.saferrecruitmentconsortium.org](http://www.saferrecruitmentconsortium.org)



## Safeguarding Adults Training

The Oxfordshire Safeguarding Adults Board (OSAB) has implemented a multi-agency strategy for training in Safeguarding Adults. As part of this strategy the OSAB will look to develop core safeguarding training materials for agencies to use in-house to train their staff and volunteers and now offers multi-agency training and an e-learning course for basic awareness.

You will need to register / log on to the online booking system which is accessible via the Adults Safeguarding Board Website: <http://www.osab.co.uk/training-2/> then you will be able to book on the training dates for the OSAB Multi-Agency Safeguarding Training for Frontline Workers events. Dates, times and availability are all listed on the online booking system.

If you require training outside of these dates or delivered in-house to all staff at once, or if you have any queries about the booking system, you can contact the OSAB on: [osab@oxfordshire.gov.uk](mailto:osab@oxfordshire.gov.uk)

# Core Safeguarding Courses

**Please turn the page for a list of the OSCB core courses**

- Generalist Safeguarding Training
- Advanced Safeguarding Training
- Designated Safeguarding Lead Training
- Designated Safeguarding Lead Refresher Training

**Please note below information relating to all face-to-face courses**

- All of the OSCB courses are currently free of charge
- Refreshments are provided throughout the day
- Lunch is not provided for any course unless specifically stated
- Please check local area for public transport and parking options
- There is a charge of £50 made for non-attendance on pre-booked courses or late cancellation
- **Please do not turn up on the day without pre-booking a place as delegates who are not on the register will be turned away**

**You will need to register via the online training system  
To book onto a course:**

If you have any difficulties booking onto a course please contact a member of  
the OSCB training team via

email: [oscb.training@oxfordshire.gov.uk](mailto:oscb.training@oxfordshire.gov.uk)

## Generalist Safeguarding Training

*Intercollegiate level 2 core knowledge.*

**Length of course:** 3.5 hours (mainly delivered between 09:30 – 13:00)

**Cost:** Course is currently free of charge

**Please note: This course needs to be renewed / updated every 3 years**

This is for professionals who work with children, young people and/or their families. It is offered via the OSCB as multi-agency training but is delivered via our partner agencies as internal single agency safeguarding training, helping to ensure continuity of message.

Generalist training is valid for up to 3 years. This is a prerequisite to attending both the Advanced and the Designated Lead course.

### **Target Audience:**

This training is aimed at those working with children and/or young people with regular unsupervised contact (i.e. 3 or more times/days within a 30-day period).

For school settings all staff will require this level training as a minimum due to additional safeguarding guidance applicable to educational settings

**Aim:** To raise awareness about your roles and responsibilities in relation to safeguarding children and young people within your organisation.

### **Objective:**

- Describe what is meant by 'safeguarding'
- State who to consult within your agency
- Identify what to do if you are concerned about a child
- Demonstrate an awareness of current protocols & procedures
- Describe the role and function of the Oxfordshire Safeguarding Children Board

## Advanced Safeguarding Training

### *Intercollegiate level 3 core knowledge*

**Length of course:** 3.5 hours (mainly delivered between 09:30 – 13:00)

**Cost:** Course is currently free of charge

**Please note: This course needs to be renewed / updated every 2 years**

This course is specialist level (level 3) and has been designed for professionals working with children, young people and parents/carers, who could potentially contribute to assessing, planning, intervening and evaluating the needs where there are safeguarding/child protection concerns.

#### **Target Audience:**

The Advanced Safeguarding Training is for staff who regularly work with any children and young people on a one-to-one basis.

#### **Aims:**

- To help practitioners think critically and carefully about child protection cases
- To feel more confident in carrying out the responsibilities for safeguarding in your role
- To provide opportunities for people to learn and work together, exploring professional dilemmas in an inter-agency context

#### **Objectives:**

- Describe the roles of other agencies in safeguarding children
- Describe how you may manage a complex situation
- Demonstrate an understanding of safeguarding procedures

## Designated Safeguarding Lead

*Intercollegiate level 3 core knowledge.*

**Length of course:** 3.5 hours (mainly delivered between 09:30 – 13:00)

**Cost:** Course is currently free of charge

**Please note:** This course needs to be renewed / updated every 2 years

This designated lead course is a specialist level (level 3) and is designed to promote a positive culture of safeguarding and to uphold an appropriate safe multi-agency partnership working practice.

This course is specifically for designated / safeguarding leads of settings.

The Designated Safeguarding Lead Training is for staff with leadership or management responsibilities for safeguarding children/young people within their role and/or are the named lead/designated professional for their organisation /setting.

### **Aim:**

To help Designated Safeguarding Leads to think critically and carefully about the management of child protection issues in their setting and feel more confident in carrying out the responsibilities of the Designated Lead.

### **Objectives:**

- Explain the roles and responsibilities of a designated/lead practitioner
- Describe the roles of other agencies in safeguarding children and good inter-agency working
- State how you may manage a complex situation within your agency; demonstrating an understanding of escalation processes
- Describe how you may support staff

## Designated Safeguarding Lead Refresher Course

*Intercollegiate level 3 core knowledge.*

**Length of course:** 3.5 hours (mainly delivered between 09:30 – 13:00)

**Cost:** Course is currently free of charge

**Please note: This course needs to be renewed / updated every 2 years**

This designated lead course is a specialist level (level 3) and is designed to promote a positive culture of safeguarding and to uphold an appropriate safe multi-agency partnership working practice.

This course is **specifically** for **experienced** designated / safeguarding leads of settings.

The course relies on fewer PowerPoint slides and more case studies and discussions between delegates and with trainers. Delegates should be **experienced** designated safeguarding leads and have **attended** the core **designated lead course at least twice** before attending this refresher course.

**Delegates** should have **completed a pre-course handbook** prior to attending as a knowledge refresher and this can be downloaded from the booking portal when booking a training place, completed prior to the course and brought along to the training session.

**Aim:** To help **experienced** designated leads to think critically and carefully about the management of safeguarding issues in their setting and feel more confident in carrying out the responsibilities of the designated lead.

**Objectives:** By the end of the course participants will have had an opportunity to:

- Refresh their knowledge around the key roles and responsibilities as a designated/safeguarding lead practitioner
- Demonstrate their understanding of safeguarding procedures
- Describe how they might escalate a concern
- Describe how the learning from local SCRs will improve practice in your organisation
- Critically examine case studies and practice issues

# Early Years, Childminders and Childcare Settings Courses

**Please turn the page for a list of the OSCB core courses**

- Early Years Generalist Safeguarding Training
- Early Years Designated Safeguarding Lead Training
- Early Years Safer Recruitment

**Please note below information relating to all face-to-face courses**

- All of the OSCB courses are currently free of charge
- Refreshments are provided throughout the day
- Lunch is not provided for any course unless otherwise specified
- Please check local area for public transport and parking options
- There will be a £50 charge made for non-attendance

**You will need to register via the online training system on the  
OSCB website to book onto a course**

If you have any difficulties booking onto a course please contact the  
OSCB training team

via email: [oscb.training@oxfordshire.gov.uk](mailto:oscb.training@oxfordshire.gov.uk)

## Early Years Generalist Safeguarding Training

**Length of course:** 3.5 hours (delivered during daytime, evenings & weekends)

**Cost:** Course is currently free of charge

**Please note: This course needs to be renewed / updated every 3 years**

This is for professionals who work with children under 5 years of age and/or their families. It is offered via the OSCB as multi-agency training but is delivered via our partner agencies as internal single agency safeguarding training, helping to ensure continuity of message.

Generalist training is valid for up to 3 years. This is a prerequisite to attending the Designated Lead course.

**Target Audience:**

This training is aimed at those working with children and/or young people with regular unsupervised contact (i.e. 3 or more times/days within a 30-day period).

For school settings all staff will require this level training as a minimum due to additional safeguarding guidance applicable to educational settings

**Aim:** To raise awareness about your roles and responsibilities in relation to safeguarding children within your organisation.

**Objective:**

- Describe what is meant by 'safeguarding'
- State who to consult within your agency
- Identify what to do if you are concerned about a child
- Demonstrate an awareness of current protocols & procedures
- Describe the role and function of the Oxfordshire Safeguarding Children Board.



## Early Years Designated Safeguarding Lead

**Length of course:** 3.5 hours (delivered during daytime, evenings & weekends)

**Cost:** Course is currently free of charge

**Please note:** This course needs to be renewed / updated every **2 years**

This designated lead course is specialist level (level 3) and is designed to promote a positive culture of safeguarding and to uphold an appropriate safe multi agency partnership working practice.

This course is specifically for designated / safeguarding leads of settings.

The Designated Safeguarding Lead Training is for staff with leadership or management responsibilities for safeguarding children within their role and/or are the named lead/designated professional for their organisation /setting.

**Aim:**

To help Designated Leads to think critically and carefully about the management of child protection issues in their setting and feel more confident in carrying out the responsibilities of the Designated Lead.

**Objectives:**

- Explain the roles and responsibilities of a designated/lead practitioner
- Describe the roles of other agencies in safeguarding children and good inter-agency working
- State how you may manage a complex situation within your agency; demonstrating an understanding of escalation processes
- Describe how you may support staff

## Early Years Safer Recruitment Training

**Length of course:** 7 hours

**Cost:** Out of County £100, Pre-Schools £65, Early Years' Settings £65,  
Childminders £35

**Please note: This course is for Early Years Staff**

This course is aimed at Early Years Staff who work with children and young people, or are involved in providing services for them and have a duty to safeguard and promote their welfare. If you work in Early Years and are involved in recruiting then you should attend this course.

Objectives (based on an understanding of offender behaviour):

- Identify the key features of staff recruitment that help deter or prevent the appointment of unsuitable people
- Consider policies and practices that minimise opportunities for abuse or ensure its prompt reporting
- Help participants begin to review their own organisations' policies and practices in recruitment with a view to making them safer

# Themed Safeguarding Courses

**Please turn the page for a list of the OSCB themed courses**

**Please note below information relating to all face-to-face courses**

- All of the OSCB courses are currently free of charge
- Refreshments are provided throughout the day
- Lunch is not provided for any course unless specified otherwise
- Please check local area for public transport and parking options
- There will be a charge of £50 made for non-attendance

**You will need to register via the OSCB online training system to book onto a course:**

If you have any difficulties booking onto a course please contact a member of the OSCB training team

via email: [oscb.training@oxfordshire.gov.uk](mailto:oscb.training@oxfordshire.gov.uk)

## Child Sexual Exploitation (CSE)

**Length of Course:** 7 hours (09:30 – 16:00)

**Cost:** Course is currently free of charge

The aim is to raise awareness of the complexities and dynamics of Child Sexual Exploitation (CSE) amongst professionals who work with young people and enhance their skills to support effectively.

**Aim:**

- To raise awareness and understanding of Child Sexual Exploitation (CSE).

**Objectives**

- Define what CSE is and the impact on the individual
- Describe the grooming process and tactics used by a perpetrator
- Describe the challenges of working effectively with a child
- State how the legal framework may support you
- State who you would contact in a variety of situations

## Child Sexual Development – CAHBS Healthy & Unhealthy Sexual Behaviour

**Length of Course:** 2.5 hours (09:30 - 12:00)

**Cost:** Course is currently free of charge

This course is delivered by the Child and Adolescent Harmful Behaviour Service (CAHBS) and is a 2.5 hour workshop.

**Course Content:**

- Sexual development in children: what is normal, what constitutes sexually harmful behaviour & why these can manifest
- What language to use when describing this behaviour
- Common myths
- High risk behaviour
- What to do and who to contact

## An Introduction to Consent and Sexual Health Awareness

**Length of Course:** 3.5 hours (09:30 – 13:00)

**Cost:** Course is currently free of charge

This course provides an opportunity to explore the meaning of 'Healthy Relationships' and 'Sexual Health'. Participants will be introduced to a wide range of sexual health and relationship issues that affect young people and gain an understanding of other related matters, policy and guidelines in the context of current legislation.

**Target Audience:**

The Sexual Health Awareness Course is multi-agency training for anyone who works with children and young people and is fairly new to the subject.

**Aim:**

The aim is to increase professionals' knowledge and understanding of Sexual Health, to enable them to encourage confidence and assertiveness in young people, which in turn will permit healthy relationships and sexual lifestyles to be effectively managed.

**Training outcomes will address:**

- STIs, transmission, management and access to services
- Prevention and protection (STIs and preventing pregnancy)
- Making safer choices
- Young people, consent, confidentiality and the law with some of the challenges that they face through social media etc.

## Domestic Abuse Pathway for Young People Training

**Length of Course:** 4 hours (09:30 - 13:30)

**Cost:** Course is currently free of charge

**Target Audience:** This half-day course has been specifically designed to increase professionals' knowledge, skills, and confidence in supporting young people experiencing and/or using abusive behaviours in their intimate relationships.

**Aim:** To raise awareness of domestic abuse in young people's relationships and professional responsibility to follow the Domestic Abuse Pathway for Young People in Oxfordshire.

**Objectives (delegates will be able to):**

- Define domestic abuse and describe the dynamics
- Recognise the impact of age on the risk domestic abuse presents to young people
- Demonstrate ability to identify and assess risks by using the Young Person's DASH
- Be familiar with the Domestic Abuse Pathway for Young People and be confident in using this to manage the risk resulting from domestic abuse

**For other domestic abuse training; please see courses available via  
Oxfordshire Adult Safeguarding Board**

<https://www.osab.co.uk/>

## Working with Fathers and Other Male Carers

**Length of Course:** 7 hours (09:30 - 16:30)

**Cost:** Course is currently free of charge

### Course Overview

This course explores the historical context of fatherhood and considers the learning from Serious Case Reviews, research and evidence-based practice when working with men, as well as the blocks to engaging with and working with men and the risks of 'hidden' men.

### Learning Outcomes

- Explore ways to maintain a focus on significant males involved in a child's life, and the potential implications of his own needs and his role within the family
- Consider how to involve significant males in assessment and planning, and learn practical strategies and skills to maximise this engagement
- Identify the barriers to engagement with and from significant males, and how to overcome these barriers

## Supporting LGBT Children, Young People and Families

**Length of Course:** 4 hours (Usually 13:00 - 17:00)

**Cost:** Course is currently free of charge

The purpose of this course is to raise awareness about the need for those working with children and families to be aware of the specific needs and associated safeguarding risks that may be experienced by children and young people who are LGBT+ (Lesbian, Gay, Bisexual, Transgender), questioning their sexuality or gender.

**The aims of this course would be to:**

- Understand the prevalence and impact of Homophobic, Biphobic and Transphobic (HBT) bullying and experience of LGBT children, young people and families
- Understand the safeguarding risks in relation to children and young people who are LGBT
- Understand the legal context, including Ofsted requirements and what schools should be doing
- Explore the impact of Homophobic, Biphobic, Transphobic language and how to challenge it
- Understand the experience of trans and gender questioning children and young people and how to support them
- Consider how this relates to own role and identify next steps to improve practice

## Digital Safeguarding – Reducing Risk and Building Resilience

**Length of Course:** 7 hours (09:30 – 16:30)

**Cost:** Course is currently free of charge

This course supports professionals in all settings working with children and families to identify online risks and provide appropriate, safe and suitable support. It provides an in-depth exploration of common risks such as cyberbullying and serious risks including grooming and emerging threats like online self-harm and extremism.

Links, slides and a course pack are provided which includes access to high quality and up to date E-Safety materials suitable for use in all settings.

### Course programme:

- Children and young people online - behaviours and risks
- Cyberbullying
- Digital Self-Assessment - are you OFSTED ready?
- Supporting young people involved in an incident
- Engaging Students, Parents and Carers
- Sexting
- Risky online behaviour - early help strategies
- Online grooming
- Working with vulnerable young people - routes for support
- Spotting the signs
- Perpetrator Support
- Complex and emerging problems
- Maintaining professional boundaries
- Digital Exclusion



## Drugs and Alcohol Awareness Training

(Increasing Knowledge/Reducing Risk)

**Length of Course:** 7 hours (09:30 – 16:00)

**Cost:** Course is currently free of charge

The purpose of this one-day course is to provide a better understanding of a full range of issues that affect young people with regards to substance misuse. Delegates will explore what a drug is, why people use drugs and what the dangers are.

The day will involve learning about the current trends in drug use both locally and nationally, the different levels of use and how and when to offer and access support. Delegates will also challenge some of the misconceptions and myths that surround various drugs.

**Aim:** To provide a better understanding of the full range of issues that affect young people who misuse substances and to enable professionals to respond in an informed manner when presented with substance related issues.

**Objectives:**

- Be aware of the full range of substances being misused
- Understand the law regarding substance misuse
- Recognise the warning signs and symptoms of substance use
- Be aware of the dangers and effect of drugs
- Be aware of the treatment options available and know how to access them
- Know how to use brief interventions and when to refer on

## Early Help Assessment (EHA)

Half day course

**Length of Course:** 3.5 hours

**Cost:** Course is currently free of charge

***‘Providing Early Help is more effective in promoting the welfare of children than reacting later’*** Working Together to Safeguard Children 2018

The Early Help Assessment is designed to provide early intervention and preventative support to a family as concerns emerge. The Assessment provides the framework to identify and understand concerns and implement a support plan including other relevant agencies.

**Target audience:**

***‘Effective early help relies upon local organisations and agencies working together’***  
Working Together to Safeguard Children 2018

This Training is designed for any professional who works with children and families. This course is specifically designed to increase confidence, skills and knowledge in supporting families at an early intervention level.

**Aim:**

To help community professionals identify emerging concerns for children and families, to understand and be able to implement an assessment of these concerns and to coordinate support for the whole family.

**Objectives** (by the end of the course participants will be able to):

- Recognise when an Early Help Assessment is required and be familiar with completing this process
- Understand how to implement a Team Around the Family and the benefits of doing so
- Be able to describe the role of the Lead Professional
- Understand the Think Family agenda and recognise the need for this approach
- Be familiar with ‘Oxfordshire’s Threshold of Need’ document and use this to understand level of concerns, and recognise when to use this to support referrals
- Be confident about how to access support from the Locality Community Support Service (LCSS)

## Female Genital Mutilation (FGM) An Introduction

**Length of Course:** 3 hours (09:30 – 12:30)

**Cost:** Course is currently free of charge

Social Workers (including LCSS and EH workers), Health Visitors, Education and other professionals working with children and young people

**Aim:** This course will explore the issues involved in female genital mutilation, with speakers from the police, health and Oxford Against Cutting.

### Objectives

- To gain an insight into the issues involved in female genital mutilation
- To have an overview of how local issues in Oxfordshire are being tackled
- To have an awareness of how to support children and young people where FGM is a concern
- To know how and to whom to report concerns
- To understand the importance of the multi-agency role

## Modern Slavery

**Length of Course:** 3 hours

**Cost:** Course is currently free of charge **and is booked via the Oxfordshire Safeguarding Adult Board** - <https://www.osab.co.uk/>

This training is being provided by an Exploitation Service for Victims called Willow Project and is designed for front line workers and those who manage them to myth bust and help you understand what this area of crime is about and understand the factors that make people vulnerable and how you could identify risks etc.

The training is part of a Thames Valley Wide commitment to increase the awareness and understanding around Modern Slavery and Human Trafficking.

The session will help you understand the risks, be aware of signs you may spot in your work capacity, what you can do about it and give you information about the referral process for support.

### The Aims and objectives are to examine:

- Human Trafficking and the different types of exploitation
- Indicators of trafficking and exploitation
- Support for Victims
- The victims' perspective and vulnerabilities
- The barriers to building effective relationships with victims
- What to do about people you suspect are victims

## Safeguarding Disabled Children

**Length of Course:** 3.5 hours (09:30 – 13:00)

**Cost:** Course is currently free of charge

**Aim:** To give professionals who are experienced in working with disabled children an understanding of why they are more vulnerable to abuse and neglect than non-disabled peers.

**Objectives** (delegates will be able to):

- Describe the safeguarding risks disabled children face and why professionals might overlook them
- Identify tools available to be used when safeguarding disabled children
- Demonstrate an ability to analyse what action is needed to address safeguarding risks
- Describe what action should be taken around safeguarding in complex cases
- List the agencies/professionals that are available to gain advice and guidance from outside of their own agency

## Sexual Abuse Workshop

**Length of Course:** 3 hours (09:30 – 12:30)

**Cost:** Course is currently free of charge

This workshop will provide participants with an understanding of the impact sexual abuse can have on young people, with particular focus on trauma reactions. This will be a very practical session aiming to identify clear signs of trauma and to develop skills that anybody working with a young person can use.

**Target Audience:**

This workshop is suitable for anybody who works with children and/or teenagers.

## An Introduction to Children and Young People's Mental Health

**Length of Course:** 7 hours (09:30 – 16:30)

**Cost:** Course is currently free of charge

This training session will clarify what mental health is and increase the knowledge and skills in identifying young people with mental health and emotional difficulties. It will enable participants to manage and improve the mental health in young people by providing practical tools such as Reflective Listening Skills and Understanding Behaviour.

After completing this course, there are two additional workshops you can attend to increase your knowledge. These workshops are: 'Anxieties workshop' and 'Self-Harm workshop'. **This 'Introduction to Children and Young People's Mental Health' course must be completed before attending either workshop.**

## Anxieties Workshop

**Length of Course:** 2 hours (09:30 – 11:30)

**Cost:** Course is currently free of charge

This workshop is a follow up for delegates who have attended the 'An Introduction to Children and Young People's Mental Health' course.

**The course will cover:**

- A sense of what anxiety is and how it might present
- A better understanding of what Cognitive Behavioural Therapy is and how it works
- A better understanding of how you can help (and help parents too)

**Overview:**

- Background and context
- Overview of different anxiety disorders
- Talking to the young person
- Introduction to CBT

## Self-Harm Workshop

**Length of Course:** 2 hours (09:30 – 11:30)

**Cost:** Course is currently free of charge

This workshop is a follow up for delegates who have attended the 'An Introduction to Children and Young People's Mental Health' course.

**Aims:**

- To identify self-harm in young people
- How to provide support in your work setting
- When and how to access further support

**Objectives:**

- An increased understanding of self-harm and associated factors
- An improved ability to recognise young people at risk of self-harm
- An increased capacity to work effectively in promoting young people's overall mental health

## E-learning Courses

We currently offer six **e-learning courses** (which are all free of charge)

If you are looking for more topics via an e-learning course, there are several titles available from The Virtual College: <https://www.virtual-college.co.uk/> however, they charge £30 for these courses.

### An Introduction to Safeguarding Children (Level 1)

This e-learning course is aimed at any individual who may come into contact with children, young people and/or their families for short periods of time during the course of their work. It will introduce key principles and responsibilities that you have in your work with children, young people and their families.

This course should take approximately 60 minutes to complete. You don't have to complete it all in one sitting; you are able to leave at any point and come back to it later.

### Awareness of Child Abuse and Neglect (Level 2)

This e-learning course is aimed at any individual who works with children, young people and/or their families for long periods of time during the course of their work. It will give you a basic awareness of child abuse and neglect. It is at an **equivalent level** to the Oxfordshire Safeguarding Children Board's **generalist course** which is run as a face-to-face multi agency event.

However, **anyone** working with children and their families for **3 hours a month** or more **should attend the face-to-face course**. The **aim** of this e-learning course is for **induction purposes**, in cases where there is a delay before attending the face to face multi-agency course or for those people who have completed the 'Introduction to Safeguarding' course and wish to extend their knowledge.

This course should take approximately 90 to 120 minutes to complete. You don't have to complete it all in one sitting; you are able to leave at any point and come back to it later.

## Think Family

This e-learning course outlines what is meant by a 'Think Family' or 'Whole Family' approach and why this matters.

It highlights the importance of considering all **family members' needs and strengths when undertaking assessments or developing plans**, identifies six key issues in family work and signposts additional support for professionals such as the neglect practitioner portal, themes and tools on the OSCB website and the troubled families employment advisers.

## Introduction to Homelessness Prevention

This learning module explores what homelessness is, the causes of homelessness and who becomes homeless.

There is information about the Oxfordshire collaborative approach to homeless prevention, the importance of spotting the early indicators and the range of housing options across Oxfordshire.

Delegates can also learn about the duty to refer, who needs to refer and Oxfordshire's duty to refer procedure.



## Raising Awareness of Advocacy

The purpose of this eLearning is to show professionals:

- How advocacy helps people to have a voice and take part in decisions about their own lives
- The range of advocacy services available
- How to recognise when a person may benefit from advocacy
- How advocacy improves people's outcomes
- Who needs to be contacted for advocacy support and how to make a referral

## Raising Awareness of Unaccompanied Asylum-Seeking Children

### Course Outline:

- Recognising the needs of unaccompanied asylum-seeking children and young people entering Oxfordshire and how to play your part in supporting them
- How the needs of asylum-seeking children differ from other looked after children
- Some basic statistics about unaccompanied asylum-seeking children
- How do these young people differ from other children in care?

## Useful Links

The OSCB have produced a number of learning documents and tools for professionals around key themes emerging locally and nationally. These can be accessed on the relevant themed pages and on the learning and improvement framework on the OSCB website:

- Parental Substance Abuse
- Neglect
- Prevent Extremist
- Child Sexual Exploitation (CSE)
- Mental Health, Suicide and Self-Harm
- Female Genital Mutilation
- Bullying and Online Bullying
- Domestic Abuse
- Working with Fathers and Male Care-givers
- E-Safety

**The Oxfordshire Safeguarding Children Board (OSCB):**

<http://www.oscb.org.uk/>

**The OSCB Training / Booking System:**

<https://training.oscb.org.uk>

**Oxfordshire Safeguarding Adults Board:**

<http://www.osab.co.uk/>

**NSPCC:**

<https://www.nspcc.org.uk/>

**Working together to Safeguarding Children:**

<https://www.gov.uk/government/publications/working-together-to-safeguard-children--2>

**Keeping Children Safe in Education:**

<https://www.gov.uk/government/publications/keeping-children-safe-in-education--2>