

Early Help Assessment Why Worry? Be Happy

If you are worried about something this will help you to put your feelings onto paper before you go to the Team Around the Family (TAF) meeting. I want _____ to take this to the meeting for me.

How do you feel?



Why do you feel that way?

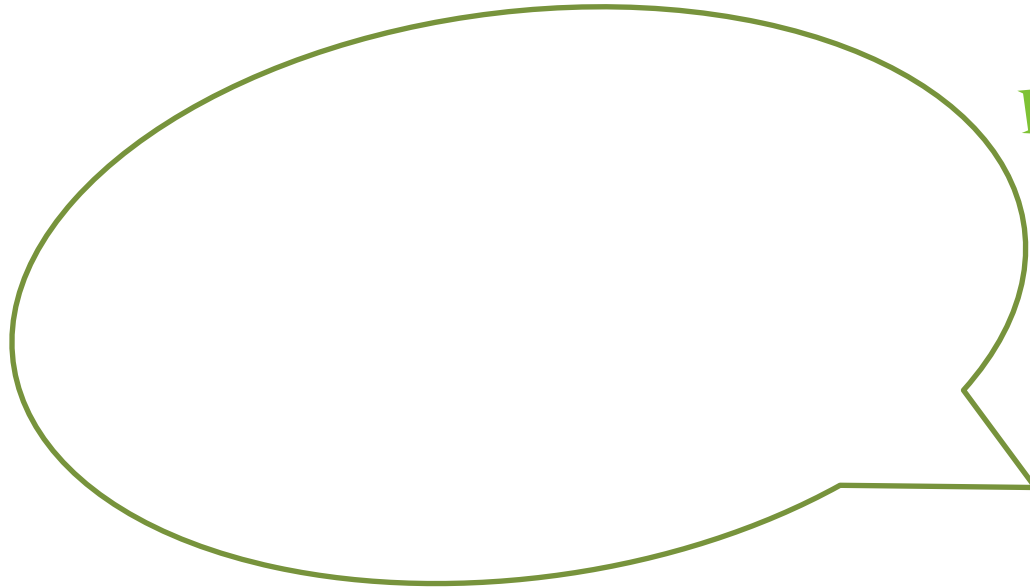
How can we help to make it better?

**Why
Worry?
Be
Happy**

**Team Around
the Family
Meeting**

Name

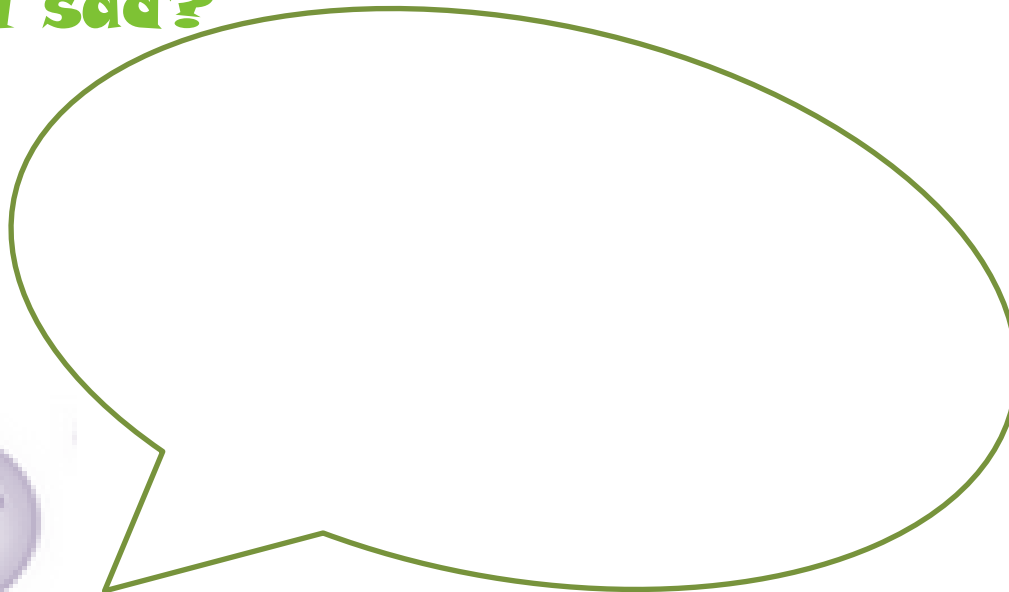
Age



**What makes
you feel
happy?**



**What makes
you feel sad?**



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