

Oxfordshire's Early Help Guide



for Young People

What is Early Help?

Helping children, young people and families is everybody's business.

Early Help means working with you and your family so that small problems don't become big problems.



*Right support at the right time for
Oxfordshire's Children and Families*

What happens when I ask for early help?

A person you trust in your life like a school nurse, teacher, college tutor, GP, or any other person supporting you can talk with you about things that are going well in your life as well as any problems you might be experiencing.



As part of this conversation they will ask what help and support you think you might need. They may suggest completing an Early Help Assessment (EHA).

What is an Early Help Assessment (EHA)?

An EHA is a way of writing down what's going well for you and important people in your life and any problems you might have and keeping it all in one place.

If you agree to an EHA you will talk to someone who will listen to you and discuss:

- ▶ What is working well
- ▶ Suggest ideas
- ▶ What could be better

You fill in an Early Help Assessment to help talk about your life.



**Stop small
problems
getting bigger**

What happens next?

After the EHA form is filled in, it helps you think about things you or your family might be able to do to change your situation. If other people are needed, you might find a Team Around the Family (TAF) meeting helpful.



What is a TAF meeting?

A TAF brings together people you know or who can offer support. Together, they can help you and your family find ways to solve any problems you are having.

- ▶ You can say who you want to come to the meeting.
- ▶ Things only happen if you agree with them.



Who will my information be shared with?

You can say who we can tell unless we need to:

- ▶ Help you or someone else who is or might be at risk of harm
- ▶ Help stop a crime

What is a Lead Professional?

Someone who has been chosen to make sure you receive the right support. You or your family can help to choose the Lead Professional.

They make sure...

- ▶ you know what is happening
- ▶ they listen to your worries and ideas



Contact details for your Lead Professional or any other person supporting you, can go here:

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For more information please go to: www.oxfordshire.gov.uk