



- Do you have a doctor?
- Do you have a dentist?
- How often are you ill?
- What time do you go to sleep?
- How could you improve your health?

**General
health**

Health

C1



- What sports activities do you enjoy?
- How good is your hearing and eyesight?
- How tall are you compared to your friends?
- How easily do you run out of energy?
- How could you get fitter?

**Physical
Development**

Health

C2



- Who do you like talking to?
- How do you feel about reading and writing?
- Do you have a mobile phone?
- How often do you talk about how you feel?
- Who listens to you most?

**Speech
language and
communication**

Communication

C3



- When do you feel happy?
- How easily do you make friends?
- Have you ever been bullied?
- What makes you worried?
- What do you do to change how you feel?

**Emotional and
social
development**

Feelings

C4



- When do you behave well?
- When do you behave badly?
- Who controls your behaviour?
- How do you know how well you are behaving?
- What could you do to change your behaviour?

**Behavioural
development**

Acting

C5



- What makes you feel good?
- How do you compare yourself with others?
- What do you like about yourself?
- What makes you feel safe?
- What would you like to change about yourself?

Identity self-esteem, self-image

Being you

C6



- Who is in your family?
- What do you like about your family?
- What do you do with your family?
- Who are your friends?
- How do you meet new friends?

**Family
and social
relationships**

Family

C7

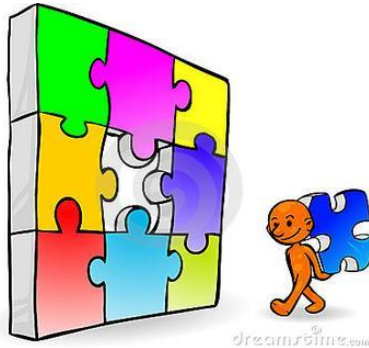


- Who helps you to look after yourself?
- At home what things do you do for yourself?
- What would help you to be more independent?
- How important is your appearance?
- What things do you do to keep clean and tidy?

**Self-care and
Independence**

Self care

C8



- How good are you at following instructions?
- Do you have good ideas?
- Describe a problem you have solved?
- What helps you concentrate best?
- Imagine your best day; describe it.

**Understanding,
reasoning and
problem
solving**

Thinking

C9



- Do you like school?
- What are you good at?
- What helps you learn?
- What gets in the way of your learning?
- How do you know how well you are doing?

**Progress and
achievement in
learning**

Learning

C11



- What do you hope to do in the future?
- What will you need to do to make this happen?
- What will you do when things get tough?
- How will you know you are on track?
- Describe something you have done well.

Aspirations

**Your
future**

C12



- Who looks after you?
- How do they care for you?
- How safe and comfortable is your home?
- Who do you look after?
- How could you feel more cared for?

**Basic
care**

Caring

C13



- Who loves and cares for you?
- Who notices when you do well?
- How do you get praised?
- Who do you turn to first?
- Describe your parents/ carers.

**Emotional
warmth
and
stability**

Love

C14



- Who helps you learn and have fun?
- Who do you look up to in your family?
- What behaviour is expected at home?
- What happens when you break rules at home?
- How does this make you feel?

**Guidance,
boundaries
and
stimulation**

Rules

C15



- What do you know about your family background?
- What routines do your family have?
- Have there been any serious illnesses in your family?
- What difficulties have your family had?

**Family history,
functioning
and wellbeing**

**Family
life**

C16



- Can you describe your family and relatives?
- Who visits your family?
- Who do your family visit?
- Who looks after you when your parent/ carer is out?
- Who could your family turn to if they needed support?

**Support
from
others**

**Wider
family**

C17



- What is your home like?
- What could make it better?
- How often do your family talk about money?
- Do you share a bedroom?
- How many people in your home are working?

**Housing,
employment and
financial
considerations**

**Income
and
spending**

C18

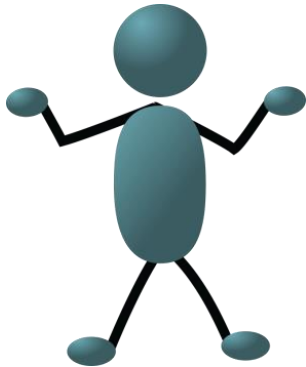


- What do you like about where you live?
- How safe is it?
- What is public transport like?
- What is there to do where you live?
- How could things be improved?

**Social and
community**

**Where
you live**

C19



- What do you want to change?
- What is going well?
- How can changes happen?
- Who needs to do what?
- What would things be like if we had a magic wand?

**Conclusions,
solutions
and actions**

**Action
plan**

C20