

Health Visitors

3 key questions for interviewing women to discuss FGM

- 1. Known FGM women** (we will have been informed via midwifery or the Oxford Rose Clinic) If this is the case, read the correspondence and determine whether you need to go through screening tool again.

Start with a short discussion and introduction

As health visitors we are informed of a woman's medical history. I understand that you were cut/circumcised when you were a child. I understand that this is a sensitive subject/difficult for you. I know you have spoken about this previously to (midwife/dr) but I would discuss this with you.

- *Is there anything I can help you with in this?*
- *Do you feel your daughter/s are at risk of being cut?*
- *Do you need any help or support for your own experience of being cut?*

Do OSCB FGM screening tool if this has not already been done by previous health professional. If not done and there is YES to any questions follow OCSB and Oxford Health FGM pathway.

- 2. Not known if mother had FGM and her or partner from country/cultural background were FGM is significant risk**

Start with a short discussion and introduction

You/your partner are from [name country] where a high number of women are cut/circumcised when they are young girls. Women who have experienced this can find this traumatic. It affects their physical health, emotional health, childbirth and sexual relations. I would like to ask you a few questions. I appreciate this is a sensitive subject to talk about

- *Is this something that has happened to you? Have you been cut/circumcised when you were young?*
 - *Has anyone in your family or partner's family been cut?*
- *Are there any influences/reasons why would you ever consider having your daughter cut/circumcised? (if yes, follow OCSB pathway)*
- *Do you feel that your daughter/s are at risk of being cut/circumcised by anyone in your family or in your circle of friends?*

If there is YES answered to any of the following, the OCSB FGM screening tool should be done and Oxford Health FGM pathway followed.

3. Universal - (for all mothers)

In some cultural backgrounds women are cut/circumcised when they are young girls. Women who have experienced this can find this traumatic. It affects their physical health, emotional health, childbirth and sexual relations. Is this something you have knowledge or experience of?