



Oxfordshire Safeguarding Children Board

Oxfordshire Safeguarding Children Board

**Training Brochure
2017/18**

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Overview of Training

The Oxfordshire Safeguarding Children Board (OSCB) offers a wide range of training on various safeguarding related subjects E.g. - Child Sexual Exploitation or Digital Safeguarding. **We offer both face-to-face courses and e-learning courses.**

Training is for professionals/those working in professional capacities that are in contact/working with children and young people. OSCB training is designed to serve **Oxfordshire's workforce** and therefore is **only accessible to members working within or with a remit incorporating Oxfordshire.**

Face-to-face courses offered by OSCB are currently free of charge. (Please note this may change in the future) but there will now be a charge of £50 for late cancellations and none attendance on the day.

Information on Core Courses

The OSCB Offer 3 mandatory courses which are listed below; All professionals working for 3 hours or more a month with children, young people and/or their families must complete the Generalist Safeguarding Training Course which is accessible via the online training / booking system.

What course should I do?

<p>Generalist Safeguarding</p>	<p>This training is aimed at those working with Children and/or Young People with Regular unsupervised contact (i.e. 3 or more times/day within a 30 day period)</p> <p>Please Note: Generalist Safeguarding must be completed every 3 years.</p>
<p>Advanced Safeguarding</p>	<p>This training is aimed at those professionals who regularly work one to one with children and/or young people (i.e. hub workers, Health Visitors, SEN teachers and GPs).</p> <p>Please Note: Advanced Safeguarding training must be renewed every 2 years. (if no other core course is attended)</p>
<p>Designated Safeguarding Lead</p>	<p>This training is aimed at Designated / Names Safeguarding leads within a school/setting/organisation that have leadership or management responsibilities to safeguarding Children and Young People within their role. The course will cover in-depth information on safeguarding responsibilities and dealing with concerns raised by colleagues.</p> <p>Please Note: Designated Safeguarding Lead Training must be renewed every 2 years.</p>

Frequently asked Questions - FAQ

Below is a list of frequently asked questions which can also be found on the website under the training page. Please read carefully.

<p>How do I book onto a safeguarding training course?</p>	<p>Each professional who needs to complete online or attend face-to-face training needs to register and book onto a course via the OSCB online training/booking system: http://training.oscb.org.uk/</p>
<p>I need to book a course for multiple staff members; can I book all at once?</p>	<p>No; each professional will need to register with a personal email address or personal work email address and not use the generic email address for their workplace. e.g. janebrown@nursery.co.uk or janebrown@email.com and not admin@nursery.co.uk</p>
<p>Why is the system asking for my line managers email address?</p>	<p>On registration, you will be required to add your line manager's email address. This is for the following reasons:</p> <ul style="list-style-type: none"> • Evaluation - Your manager will be contacted 3 months after your attendance at a course with a request to respond to an evaluation survey of how the course has impacted on your practice • Payment - In the event of non-attendance, your line manager will be contacted to make payment arrangements for the £50 non-attendance fee • Childminders: Please add your own details under the request for Line Manager email address • Foster Carers: Please enter your Supervising Social Worker's details for Line Manager email address
<p>I can no longer attend a course I've booked onto, What do I do?</p>	<p>As demand for OSCB courses are high and courses quickly become fully booked, early cancellation is important in order that the place may be offered to another delegate</p> <ul style="list-style-type: none"> • You are able to cancel your own place 6 working days before the course by logging into the OSCB training / booking system. • If you wish to cancel your place less than 6 days before

<p>What happens if I don't pay the charge from late cancellation or non – attendance?</p>	<p>the date of the course you must email us as you will not be able to cancel your own place.</p> <ul style="list-style-type: none"> • Late cancellations will incur a £50 charge. • Booking of further courses will be blocked until payment is received.
<p>I have attended the course, how do I get my certificate of attendance?</p>	<p>The register will be processed up to 5 working days after the date of the training. You will need to complete an online multi choice evaluation before you can access your certificate.</p> <p>Booking of further courses will be blocked until evaluation has been completed.</p>

Non Attendance / Cancellations

OSCB courses are provided free of charge to the Oxfordshire children's workforce as they are deemed essential learning. They are funded by the partner agencies that fund the board. Each course costs in the region of £600 to deliver.

Unfortunately non-attendance has an impact on other practitioners, course management and finances. By not attending, and not informing the OSCB of non-attendance the training space is blocked to others who need to attend a course. As the Board is committed to training the optimum number of delegates possible each year, non-attendance requires us to run additional courses at additional cost to meet that commitment.

In the 2015 - 2016 training year **4293** professionals booked onto the **173** training courses the OSCB had scheduled. However, only **3598** actually attended these courses. This means **695** people did not attend courses they had booked onto; this equates to the equivalent of 27 courses and approx. £16,200.

There is now a charge for non-attendance:

- You are able to cancel your own place **6 working days** before the course by logging into the OSCB training / booking system.
- You will not be able to cancel your own place with less than 6 days' notice and you will be charged **£50**.

OSCB Trainers

The training pool is built up from a number of professionals who volunteer to train for the OSCB who work with children and safeguarding issues on a regular basis.

The training pool is comprised of professionals such as; teachers, police officers, social workers, youth offending officers and clinical leads from health settings etc.

The trainers commit to deliver three (or more) OSCB training courses per year. Trainers are first trained by the OSCB on a course called 'train the trainer' and then they must observe a course, co-train and be observed by the training coordinator to ensure they are fully competent to deliver on behalf of the OSCB. The trainers are also kept up to date on the learning from case reviews and local tools endorsed by the OSCB through 3 development / networking half days per year.

OSCB Trainers

Are you interested in developing your skills and becoming a trainer for the OSCB?

The OSCB are eager to add more professionals who work with children, young people and families to the training pool. Before considering you must ensure you have completed both the Generalist and Designated Lead Safeguarding courses.

If you would like further information on becoming a trainer please contact the Training Coordinator via email: oscb.training@oxfordshire.gov.uk

Additional Training Information

Freelance Training

If you have a number of staff who require Generalist Safeguarding Training, the OSCB can arrange for an OSCB trainer to come out and deliver a session at a time, date and venue suitable for you. There is a charge of £300 for this (up to 25 people).

The OSCB do not deliver Advanced or Designated Lead freelance as this must be multi-agency training.

Training via other providers

If you have been approached by another provider or have looked into another provider to deliver training to you either face-to-face or online, please contact the OSCB team who will advise whether or not they are an approved provider for the OSCB.

Training in Schools

Generalist Safeguarding Training and Safer Recruitment in Schools

The LADO / Schools Safeguarding Training maintain Generalist Safeguarding Training and Safer Recruitment Training within Schools. Please contact a member of the team on: **01865 810603** or via email lado.safeguardingchildren@oxfordshire.gov.uk and they will be able to provide further information on booking training

Prevent / WRAP Training

This Training is currently provided by the Oxfordshire County Council Fire and Rescue Service.

Preventing vulnerable adults and children from being drawn into extremism is a safeguarding concern. It is essential that frontline staff members are able to spot the signs and make a safeguarding referral.

Prevent is part of the government counter-terrorism strategy. It's designed to tackle the problem of terrorism at its roots, preventing people from supporting terrorism or becoming involved in terrorism themselves. The training has been designed to provide an overview to the government's Prevent strategy and how this is being implemented in Oxfordshire.

The workshop provides an overview of the Prevent Strategy and ways of identifying individuals vulnerable to radicalisation, as well as those who radicalise. You will learn:

- About the new Prevent duty and why it is a safeguarding issues
- How to recognise potential individuals who may be vulnerable to radicalisation
- How the Channel Panel supports those vulnerable to extremism
- How and when to make a referral.

If you would like to enquire about the course, you will need to complete the online form via the OCC website: <https://www.oxfordshire.gov.uk/cms/content/fire-safety-training-enquiry-form>

Domestic Abuse Training

Domestic Abuse Champions Training

The OSCB currently don't deliver Domestic Abuse Training. Reducing the Risk currently offer Domestic Abuse Champions Training which you can enquire/request via their website: <http://www.reducingtherisk.org.uk/cms/content/domestic-abuse-champion-application-form>

Safer Recruitment Training

The OSCB only offer Safer Recruitment for Early Years Settings which can be booked via the OSCB training / booking system. This course is delivered by Early Years practitioners.

The Local Authority Designated Officer and Safeguarding Team run face-to-face Safer Recruitment training for Schools. Please contact a member of the team who will be able to advise dates and how to book on 01865 810603 or via email:

lado.safeguardingchildren@oxfordshire.gov.uk

There is an online package via the Safer Recruitment Consortium and they can be accessed via this link: www.saferrecruitmentconsortium.org. It is recommended to contact a member of the team before pursuing this option.

Safeguarding Adults Training

The Oxfordshire Safeguarding Adults Board (OSAB) is implementing a multi-agency strategy for training in Safeguarding Adults. As part of this strategy the OSAB will look to develop core safeguarding training materials for agencies to use in-house to train their staff and volunteers and will look to run multi-agency training and to provide an e-learning course for basic awareness.

You will need to register / log on to the online booking system which is accessible via the Adults Safeguarding Board Website: <http://www.osab.co.uk/training-2/> then you will be able to book on the training dates for the OSAB Multi-Agency Safeguarding Training for Frontline Workers events. Dates, times and availability are all listed on the online booking system.

If you require training outside of these dates or delivered in-house to all staff at once, or if you have any queries about the booking system, you can contact the OSAB on: osab@oxfordshire.gov.uk

Core Safeguarding Courses

Please turn the page for a list of the OSCB core courses

- Generalist Safeguarding Training
- Advanced Safeguarding Training
- Designated Safeguarding Lead Training

Please note below information relating to all face-to-face courses

- All of the OSCB courses are currently free of charge
- Refreshments are provided throughout the day
- Lunch is not provided for any course.
- Please check local area for public transport and parking options

You will need to register via the online training system to book onto a course:

If you have any difficulties booking onto a course please contact a member of the OSCB training team via telephone **01865 815843** or

Via email: oscb.training@oxfordshire.gov.uk

Generalist Safeguarding Training

Intercollegiate level 2 core knowledge.

Length of course: 3.5 hours (mainly delivered between 09:30 – 13:00)

Cost: Course is currently free of charge

Please note: This course needs to be renewed / updated every 3 years

This is for professionals who work with children, young people and/or their families. It is offered via the OSCB as multi-agency training but is delivered via our partner agencies as internal single agency safeguarding training, helping to ensure continuity of message.

Generalist training is valid for up to 3 years. This is prerequisite to the Advanced and the Designated Lead course.

Target Audience:

This training is aimed at those working with children and/or young people with regular unsupervised contact (i.e. 3 or more times/days within a 30 day period).

For school settings all staff will require this level training as a minimum due to additional safeguarding guidance applicable to educational settings

Aim: To raise awareness about your roles and responsibilities in relation to safeguarding children and young people within your organization.

Objective:

- Describe what is meant by 'safeguarding'
- State who to consult within your agency
- Identify what to do if you are concerned about a child
- Demonstrate an awareness of current protocols & procedures
- Describe the role and function of the Oxfordshire Safeguarding Children Board.

Advanced Safeguarding Training

Length of course: 3.5 hours (mainly delivered between 09:30 – 13:00)

Cost: Course is currently free of charge

Please note: This course needs to be renewed / updated every 2 years

This course is specialist level (level 3) and has been designed for professionals working with children, young people and parents/carers, who could potentially contribute to assessing, planning, intervening and evaluating the needs where there are safeguarding/child protection concerns.

Target Audience:

The Advanced Safeguarding Training is for staff who regularly work with any children and young people on a one-to-one basis.

Aims:

- To help practitioners think critically and carefully about child protection cases
- To feel more confident in carrying out the responsibilities for safeguarding in your role
- To provide opportunities for people to learn and work together, exploring professional dilemmas in an inter-agency context

Objectives:

- Describe the roles of other agencies in safeguarding children
- Describe how you may manage a complex situation
- Demonstrate an understanding of safeguarding procedures

Designated Safeguarding Lead

Intercollegiate level 3 core knowledge.

Length of course: 3.5 hours (mainly delivered between 09:30 – 13:00)

Cost: Course is currently free of charge

Please note: This course needs to be renewed / updated every 2 years

This designated lead course is a specialist level (level 3) and is designed to promote a positive culture of safeguarding and to uphold an appropriate safe multi-agency partnership working practice.

This course is specifically for designated / safeguarding leads of settings.

The Designated Lead Training is for staff with leadership or management responsibilities for safeguarding children/young people within their role and/or are the named lead/designated professional for their organisation /setting.

Aim:

To help Designated Leads to think critically and carefully about the management of child protection issues in their setting and feel more confident in carrying out the responsibilities of the Designated Lead.

Objectives:

- Explain the roles and responsibilities of a designated/lead practitioner
- Describe the roles of other agencies in safeguarding children and good inter-agency working
- State how you may manage a complex situation within your agency; demonstrating an understanding of escalation processes
- Describe how you may support staff

Early Years, Childminders and Childcare Settings Courses

Please turn the page for a list of the OSCB core courses

- Early Years Generalist Safeguarding Training
- Early Years Designated Safeguarding Lead Training
- Early Years Safer Recruitment

Please note below information relating to all face-to-face courses

- All of the OSCB courses are currently free of charge
- Refreshments are provided throughout the day
- Lunch is not provided for any course.
- Please check local area for public transport and parking options

You will need to register via the online training system to book onto a course:

If you have any difficulties booking onto a course please contact a member of the OSCB training team via telephone **01865 815843** or

Via email: oscb.training@oxfordshire.gov.uk

Early Years Generalist Safeguarding Training

Length of course: 3.5 hours (mainly delivered during daytime, evenings & weekends)

Cost: Course is currently free of charge

Please note: This course needs to be renewed / updated every 3 years

This is for professionals who work with children, young people and/or their families. It is offered via the OSCB as multi-agency training but is delivered via our partner agencies as internal single agency safeguarding training, helping to ensure continuity of message.

Generalist training is valid for up to 3 years. This is prerequisite to the Designated Lead course.

Target Audience:

This training is aimed at those working with children and/or young people with regular unsupervised contact (i.e. 3 or more times/days within a 30 day period).

For school settings all staff will require this level training as a minimum due to additional safeguarding guidance applicable to educational settings

Aim: To raise awareness about your roles and responsibilities in relation to safeguarding children and young people within your organization.

Objective:

- Describe what is meant by 'safeguarding'
- State who to consult within your agency
- Identify what to do if you are concerned about a child
- Demonstrate an awareness of current protocols & procedures
- Describe the role and function of the Oxfordshire Safeguarding Children Board.

Early Years Designated Safeguarding Lead

Length of course: 3.5 hours (mainly delivered during daytime, evenings & weekends)

Cost: Course is currently free of charge

Please note: This course needs to be renewed / updated every **2 years**

This designated lead course is specialist level (level 3) and is designed to promote a positive culture of safeguarding and to uphold an appropriate safe multi agency partnership working practice.

This course is specifically for designated / safeguarding leads of settings.

The Designated Lead Training is for staff with leadership or management responsibilities for safeguarding children/young people within their role and/or are the named lead/designated professional for their organisation /setting.

Aim:

To help Designated Leads to think critically and carefully about the management of child protection issues in their setting and feel more confident in carrying out the responsibilities of the Designated Lead.

Objectives:

- Explain the roles and responsibilities of a designated/lead practitioner
- Describe the roles of other agencies in safeguarding children and good inter-agency working
- State how you may manage a complex situation within your agency; demonstrating an understanding of escalation processes
- Describe how you may support staff

Early Years Safer Recruitment Training

Length of course: 7 hours

Cost: Course is currently free of charge

Please note: This course is for Early Years Staff

This course is aimed at Early Years Staff who work with children and young people, or are involved in providing services for them and have a duty to safeguard and promote their welfare. If you work in Early Years and are involved in recruiting then you should attend this course.

Objectives (based on an understanding of offender behaviour to):

- Identify the key features of staff recruitment that help deter or prevent the appointment of unsuitable people
- Consider policies and practices that minimise opportunities for abuse or ensure its prompt reporting
- Help participants begin to review their own organisations' policies and practices in recruitment with a view to making them safer

Themed Safeguarding Courses

Please turn the page for a list of the OSCB core courses

Please note below information relating to all face-to-face courses

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- Refreshments are provided throughout the day
- Lunch is not provided for any course.
- Please check local area for public transport and parking options

You will need to register via the online training system to book onto a course:

If you have any difficulties booking onto a course please contact a member of the OSCB training team via telephone **01865 815843** or

Via email: oscb.training@oxfordshire.gov.uk

Child Sexual Exploitation (CSE)

Length of Course: 7 hours (09:30 – 16:00)

Cost: Course is currently free of charge

The aim is to raise awareness of the complexities and dynamics of Child Sexual Exploitation (CSE) amongst professionals who work with young people and enhance their skills to support effectively.

Aim:

- To raise awareness and understanding of Child Sexual Exploitation (CSE).

Objectives

- Define what CSE is and the impact on the individual
- Describe the grooming process and tactics used by a perpetrator
- Describe the challenges of working effectively with a child
- State how the legal framework may support you
- State who you would contact in a variety of situations

Child Sexual Development – CAHBS Healthy & Unhealthy Sexual Behaviour

Length of Course: 2.5 hours (09:30 - 12:00)

Cost: Course is currently free of charge

This course is delivered by the Child and Adolescent Harmful Behaviour Service (CAHBS) and is a 2.5 hour workshop.

- Sexual development in children: what is normal, what constitutes sexually harmful behaviour & why these can manifest
- What language to use when describing this behaviour
- Common myths
- High risk behaviour
- What to do and who to contact

Consent and Sexual Health Awareness

Length of Course: 6 hours (09:30 – 15:30)

Cost: Course is currently free of charge

This course provides an opportunity to explore the meaning of 'Healthy Relationships' and 'Sexual Health'. Participants will be introduced to a wide range of sexual health and relationship issues that affect young people and gain an understanding of other related matters, policy and guidelines in the context of current legislation. The aim is to increase professionals' knowledge and understanding of Sexual Health; enabling them to encourage confidence and assertiveness in young people to permit healthy relationships and sexual lifestyles to be effectively managed.

Target Audience:

The Sexual Health Awareness Course is multi-agency training for anyone who works with children and young people.

Training outcomes will address:

- STIs , transmission, management and access to services
- Prevention and protection (STIs and preventing pregnancy)
- Making safer choices
- Young people, consent, confidentiality and the law with some of the challenges that they face through social media etc.

Digital Safeguarding – Reducing Risk and Building Resilience

Length of Course: 7 hours (09:30 – 16:30)

Cost: Course is currently free of charge

This course supports professionals in all settings working with children and families to identify online risks and provide appropriate, safe and suitable support. It provides an in-depth exploration of common risks such as cyberbullying and serious risks including grooming and emerging threats like online self-harm and extremism. Links, slides and a course pack are provided which includes access to high quality and up to date E-Safety materials suitable for use in all settings.

Course programme:

- Children and young people online - behaviours and risks
- Cyberbullying
- Digital Self-Assessment - are you OFSTED ready?
- Supporting young people involved in an incident
- Engaging Students, Parents and Carers
- Sexting
- Risky online behaviour - early help strategies
- Online grooming
- Working with vulnerable young people - routes for support
- Spotting the signs
- Perpetrator Support
- Complex and emerging problems
- Maintaining professional boundaries
- Digital Exclusion

Drugs and Alcohol Awareness Training

(Increasing Knowledge/Reducing Risk)

Length of Course: 7 hours (09:30 – 16:00)

Cost: Course is currently free of charge

The purpose of this one-day course is to provide a better understanding of a full range of issues that affect young people with regards to substance misuse. Delegates will explore what a drug is, why people use drugs and what the dangers are. The day will involve learning about the current trends in drug use both locally and nationally, the different levels of use and how and when to offer and access support. Delegates will also challenge some of the misconceptions and myths that surround various drugs.

Aim: To provide a better understanding of the full range of issues that affect young people who misuse substances and to enable professionals to respond in an informed manner when presented with substance related issues.

Objectives:

- Be aware of the full range of substances being misused
- Understand the law regarding substance misuse
- Recognise the warning signs and symptoms of substance use
- Be aware of the dangers and effect of drugs
- Be aware of the treatment options available and know how to access them
- Know how to use brief interventions and when to refer on

Early Help Assessment (EHA)

Length of Course: 7 hours (09:30 – 16:30)

Cost: Course is currently free of charge

Early Help Assessment replaces CAF Training

The Early Help Assessment is designed to provide early intervention and preventative support to a family as concerns emerge. The Assessment provides the framework to identify and understand concerns and implement a support plan including other relevant agencies.

Target audience:

This Training is designed for any professional who works with children and families. This course is specifically designed to increase confidence, skills and knowledge in supporting families at an early intervention level.

Aim:

To help community professionals identify emerging concerns for children and families, to understand and be able to implement an assessment of these concerns and to coordinate support for the whole family.

Objectives (by the end of the course participants will be able to):

- Recognise when an Early Help Assessment is required and be familiar with completing this process including Outcome Star
- Understand how to implement a Team Around the Family and the benefits of doing so
- Be able to describe the role of the Lead Professional
- Understand the Think Family agenda and recognise the need for this approach
- Be familiar with the Threshold of Need and use this to understand level of concerns, and recognise when to use this to support referrals
- Be confident about how to access support from the Locality Community Support Service (LCSS)

Early Help Assessment (EHA) Refresher

Length of Course: 3 hours (09:30 – 12:30)

Cost: Course is currently free of charge

The Early Help Assessment is designed to provide early help and preventative support to families as concerns emerge. The Assessment provides the framework to identify and understand concerns and implement a support plan including other relevant agencies.

Target audience:

This Training is designed for any professional from children and adult services with **previous experience of CAF/TAC processes**. This course is specifically designed to increase confidence, skills and knowledge in supporting families at an early stage.

Aims:

To help professionals identify emerging concerns for children and families, to understand and be able to implement an assessment of these concerns and to co-ordinate support for the whole family.

Objectives:

By the end of the course participants will be able to:

- Recognise when an Early Help Assessment is required and be familiar with completing this process including Outcome Star
- Understand how to implement a Team around the Family and the benefits of doing so with the family and other professionals
- Ensure the Child's voice is at the centre
- Understand the role of the Lead Professional
- Understand the Think Family agenda and recognise the need for this approach
- Be familiar with the Threshold of Need and use this to understand level of concerns, and recognise when to use this to support referrals
- Be confident about how to access support from the Locality Community Support Service (LCSS)

Female Genital Mutilation (FGM) An Introduction

Length of Course: 3 hours (09:30 – 12:30)

Cost: Course is currently free of charge

Social Workers (including LCSS and EH workers), Health Visitors, Education and other professionals working with children and young people

Aim: This course will explore the issues involved in female genital mutilation, with speakers from the police, health and Oxford Against Cutting.

Objectives

- To gain an insight into the issues involved in female genital mutilation
- To have an overview of how local issues in Oxfordshire are being tackled
- To have an awareness of how to support children and young people where FGM is a concern
- To know how and to whom to report concerns
- To understand the importance of the multi-agency role

Safeguarding Disabled Children

Length of Course: 3.5 hours (09:30 – 13:00)

Cost: Course is currently free of charge

Aim: To give professionals who are experienced in working with disabled children an understanding of why they are more vulnerable to abuse and neglect to non-disabled peers.

Objectives (delegates will be able to):

- Describe the safeguarding risks disabled children face and why professionals might overlook them
- Identify tools available to be used when safeguarding disabled children
- Demonstrate an ability to analyse what action is needed to address safeguarding risks
- Describe what action should be taken around safeguarding in complex cases
- List the agencies/professionals that are available to gain advice and guidance from outside of their own agency

Safeguarding Young Carers Enhanced and Champions Training

Length of Course: 7 hours (09:30 – 16:30)

Cost: Course is currently free of charge

The ten-year National Carers Strategy vision states that those professionals most regularly in contact with young carers and their families should have the knowledge required to identify problems early on and thus encourage young carers to come forward for the help needed.

This training aims to enable professionals to be better equipped to identify where caring is taking place, the impact of that caring on the child, and what support is available to minimise the impact. Upon completion of the training day you will become a Young Carers Champion. As a Young Carers Champion you will be responsible for cascading information to your fellow team members and be the Young Carers Champion Lead in your organisation.

This course has been revised following the publication of the serious case review around child sexual exploitation in Oxfordshire

Objectives

- To be able to identify who are the young carers amongst the children and families you work with
- Be able to measure the level of caring activity for the young carer and better understand the impact of the caring upon them
- Understand the legal framework around young carers and recent developments in this area
- Know what support is available to young carers at every level of need within Oxfordshire
- To recognise the impact of caring on their development and well-being
- To understand the increased risk to young carers from parental issues
- To understand the barriers young carers face
- To understand the role we all have in keeping young carers safe
- Promote the importance of multi-agency working and cooperation
- Understand the importance of speaking / listening to children alone
- Show a greater awareness of the number of young carers within Oxfordshire and the role they play in the families.

Sexual Abuse Workshop

Length of Course: 2 hours (09:30 – 11:30)

Cost: Course is currently free of charge

This workshop will provide participants with an understanding of the impact sexual abuse can have on young people, with particular focus on trauma reactions. This will be a very practical session aiming to identify clear signs of trauma and to develop skills that anybody working with a young person can use. This workshop is suitable for anybody who works with children and/or teenagers.

Substance Misuse and Parenting

Length of Course: 7 hours (09:30 – 16:30)

This inter-agency training is suitable for practitioners in voluntary, statutory and independent agencies who work regularly with children and young people and/or adults who are parents or carers.

This training promotes an understanding of:

- The roles and responsibilities of professionals working in different organisations
- The different criteria and thresholds for services
- Issues surrounding confidentiality and information sharing

It will also provide opportunities to develop inter-agency networks, increase levels of trust and provide insights into the philosophy and work of each other's organisation.

Young People and Mental Health

Length of Course: 7 hours (09:30 – 16:30)

Cost: Course is currently free of charge

This training session will clarify what mental health is and increase the knowledge and skills in identifying young people with mental health and emotional difficulties. It will enable participants to manage and improve the mental health in young people by providing practical tools such as Reflective Listening Skills and Understanding Behaviour.

After completing this course, there are two additional workshops you can attend to increase your knowledge. The workshops are: Anxieties workshop and Self-Harm workshop. **The Young People and Mental Health course must be attended before attending either workshop.**

Anxieties Workshop

Length of Course: 2 hours (09:30 – 11:30)

Cost: Course is currently free of charge

This workshop is a follow up for delegates who have attended the Young People and Mental Health course.

The course will cover:

- A sense of what anxiety is and how it might present
- A better understanding of what CBT is and how it works
- A better understanding of how you can help (and help parents to)

Overview:

- Background and context
- Overview of different anxiety disorders
- Talking to the young person
- Introduction to CBT

Self-Harm Workshop

Length of Course: 2 hours (09:30 – 11:30)

Cost: Course is currently free of charge

This workshop is a follow up for delegates who have attended the Young People and Mental Health course.

Aims:

- To identify self-harm in young people
- How to provide support in your work setting
- When and how to access further support

Objectives:

- An increased understanding of self-harm and associated factors
- An improved ability to recognise young people at risk of self-harm
- An increased capacity to work effectively in promoting young people's overall mental health

E-learning Courses

There are two **e-learning courses** (free of charge) available:

If you are looking for more topics via an e-learning course, there are several titles available from The Virtual College: <https://www.virtual-college.co.uk/> they charge £30 for these courses.

An Introduction to Safeguarding Children (Level 1)

This e-learning course is aimed at any individual who may come into contact with children, young people and/or their families for short periods of time during the course of their work. It will introduce key principles and responsibilities that you have in your work with children, young people and their families.

This course should take approximately 60 minutes to complete. You don't have to complete it all in one sitting; you are able to leave at any point and come back to it later.

Awareness of Child Abuse and Neglect (Level 2)

This e-learning course is aimed at any individual who works with children, young people and/or their families for long periods of time during the course of their work. It will give you a basic awareness of child abuse and neglect. It is at an **equivalent level** to the Oxfordshire Safeguarding Children Board's **generalist course** which is run as a face-to-face multi agency event.

However, **anyone** working with children and their families for **3 hours a month** or more **should attend the face-to-face course**. The **aim** of this e-learning course is for **induction purposes**, in cases where there is a delay before attending the face to face multi-agency course or for those people who have completed the 'Introduction to Safeguarding' course and wish to extend their knowledge.

This course should take approximately 90 to 120 minutes to complete. You don't have to complete it all in one sitting; you are able to leave at any point and come back to it later.

Useful Links

The OSCB have produced a number of learning documents and tools for professionals around key themes emerging locally and nationally. These can be accessed on the relevant themed pages and on the learning and improvement framework on the OSCB website:

- Parental Substance Abuse
- Neglect
- Prevent Extremist
- Child Sexual Exploitation (CSE)
- Mental Health, Suicide and Self-Harm
- Female Genital Mutilation
- Bullying and Online Bullying
- Domestic Abuse
- Working with Fathers and Male Care-givers
- E-Safety

The Oxfordshire Safeguarding Children Board (OSCB):

<http://www.oscb.org.uk/>

The OSCB Training / Booking System:

<https://training.oscb.org.uk>

Oxfordshire Safeguarding Adults Board:

<http://www.osab.co.uk/>

NSPCC:

<https://www.nspcc.org.uk/>

Working together to Safeguarding Children:

<https://www.gov.uk/government/publications/working-together-to-safeguard-children--2>

Keeping Children Safe in Education:

<https://www.gov.uk/government/publications/keeping-children-safe-in-education--2>