

## Early Help Assessment Why Worry? Be Happy

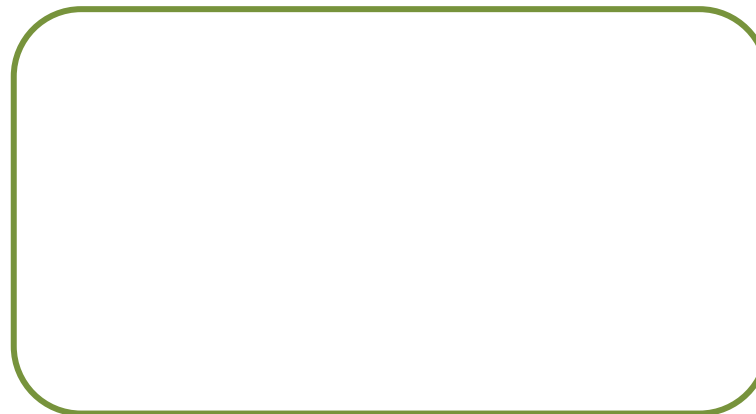
If you are worried about something this will help you to put your feelings onto paper before you go to the Team Around the Family (TAF) meeting. I want \_\_\_\_\_ to take this to the meeting for me.

### How do you feel?



### Why do you feel that way?

### How can we help to make it better?



**Why  
Worry?  
Be  
Happy**

**Team Around  
the Family  
Meeting**

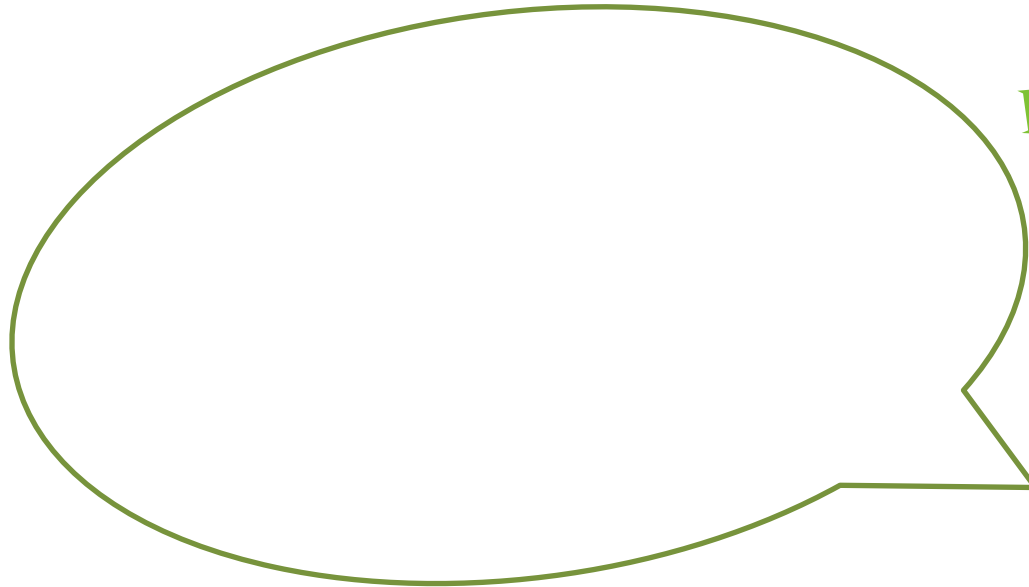
**Name**

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**Age**

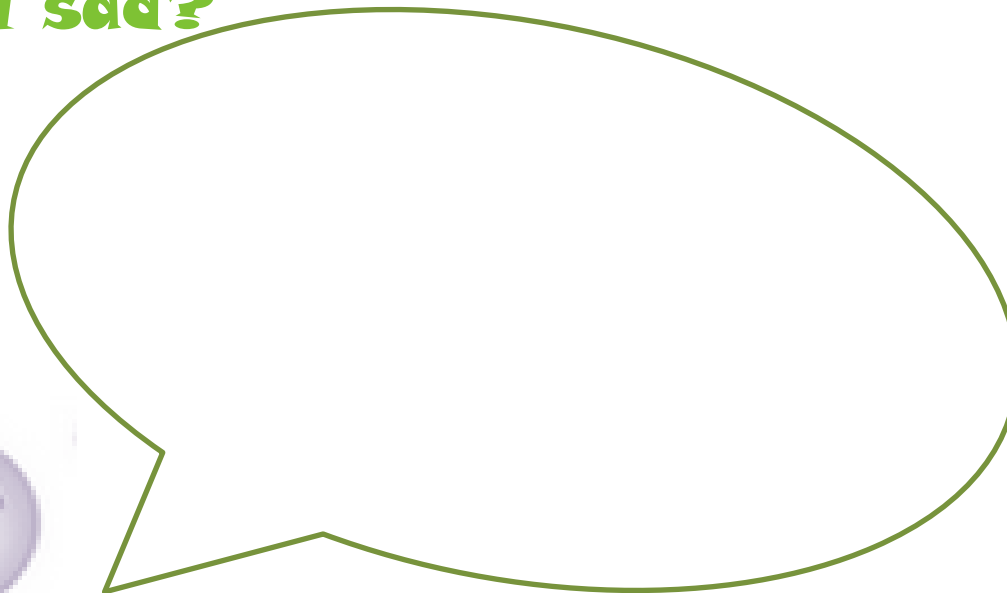
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**What makes  
you feel  
happy?**



**What makes  
you feel sad?**



**Why  
Worry?  
Be  
Happy**

**Team Around  
the Family  
Meeting**

