

Characteristics of Cyberbullying



- 24/7 contact
- Impact/large audience
- Can escalate very quickly
- Perception of anonymity
- Profile of target/bully
- Some cases are unintentional - easy to become a bystander
- Evidence – often in large quantities

Sexting: Consulting Young People to Inform Practice

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Reasons for project

- Concerns about the level of sexting from partners
- Review and improve ways of addressing sexting
- A more consistent approach
- Consult young people to inform practice and find best way forward

Aims

- Find out prevalence, experience and impact of sexting by consulting young people
- Reduce incidence and impact of sexting
- Learn from young people to develop appropriate preventative education, guidance and resources

Methodology – 99 Year 9 students in 4 Oxfordshire schools, 10 groups

Group No.:	Date:	Gender:	No. of young people at start:	Total No. of young people at school:
1	08/12/15	Boys	12	24
2	08/12/15	Girls	12	
3	20/01/16	Boys	6	11
4	20/01/16	Girls	5	
5	27/01/16	Girls	11	34
6	27/01/16	Boys	11	
7	27/01/16	Boys	12	
8	28/01/16	Girls	10	30
9	28/01/16	Boys	10 (2 left early, so missed some of session)	
10	28/01/16	Girls	10	

Key findings

1. Multiple terms for sexting

Nudes

*No-one would ever
say sexting, only
teachers.
It's too formal.*

Dick Pics

Booty Pics

What counts as an indecent image?

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Would wearing a bikini be classed as indecent?

What if you just take a picture of yourself but you just happen to be wearing a bikini? Is it ok if you are going swimming with friends and you have a picture of everyone in bikinis and it just says “going swimming”?

Police Image Categories

	Possession	Distribution*	Production**
Category A	Possession of images involving penetrative sexual activity Possession of images involving sexual activity with an animal or sadism	Sharing images involving penetrative sexual activity Sharing images involving sexual activity with an animal or sadism	Creating images involving penetrative sexual activity Creating images involving sexual activity with an animal or sadism
Category B	Possession of images involving non-penetrative sexual activity	Sharing of images involving non-penetrative sexual activity	Creating images involving non-penetrative sexual activity
Category C	Possession of other indecent images not falling within categories A or B	Sharing of other indecent images not falling within categories A or B	Creating other indecent images not falling within categories A or B

2. Snapchat and Instagram

Images are mostly sent on Snapchat, then it's only for one second

You can set time so they can only see it for 1,2 or 3 seconds and can't get it back

But with Snapchat you can screenshot without it telling you and then replay it

He showed it to others by posting the picture on Instagram

3. Rumour vs reality

People assume you've done it and accuse you even if you tell them you haven't

You hear rumours – lots of talking about it... “Bet I can get a nude off her”

Sometimes it's made up though – people say people have sent pictures when they haven't – If people think someone is that kind of person they think they probably would have sent them

Ten years ago that would have been like “OMG OMG!” but now it's normal because it happens so much and you just get on with it

4. Gender differences

Girls send photos the most and boys ask for more

Boys think there's nothing wrong with it, girls think it's bad

Girls will get called "slut" but boys don't get judged

Girls don't really screenshot like boys

5. Age range for sexting

It's all that change between primary school and secondary school when you want to prove yourself, make yourself known

Maybe if I send Nudes I'll feel more like an adult

It gets less common in Year 9, all these stories of screenshots go round and people get more cautious

6. Who's involved

It's mostly people you know (rather than strangers on the internet etc.) as you think you can trust them. Kids are aware of 'paedos' (someone says it's a 20 year old boy, but actually it's a 40 year old man)

Usually people you know

Can be just people who add you on Snapchat

7. Reasons

Girls want boys to think their bodies are amazing

Girls feel pressurised - if you don't do it you're frigid

Boys are like "I can show my mates"

Influence from celebrities who have done similar things. It has an impact if things are posted on social media. Everyone thinks "wow that's cool I should do that" like Kim Kardashian and Miley Cyrus.

8. The Law

You can have sex at 16 so if you're sexting that's ok

Isn't it when you're 16 you can be in an intimate relationship – so it's ok

It's all to do with the age between the two people e.g. 13 year old girl and 30 year old man

The term illegal has become such a broad term now. I used to think if I do something illegal "Oh I'll go to jail" but now it's thrown around everywhere by teachers

Not using the term illegal lightly. It is used as a threat so much

Under the provision of section 1 of the Protection of the Children Act 1978(the Act) (PNLD Doc D462). It is an offence to:

- a) **take, or permit to be taken**, or to make any indecent photograph or pseudo photograph of a child
- b) **distribute or show** such indecent photographs or pseudo photograph, or
- c) **have in your possession** such indecent photograph or pseudo photograph with a view to being distributed or shown by himself or others, or
- d) **publish or cause to be published** any advertisement likely to be understood as conveying that the advertiser distributes or shows indecent photographs or pseudo photographs or intends to do so

A child is defined by section 7 of the Act(PNLD Doc D965) **means a person under 18**

9. The Risks

Everyone finds out and then hates you for it

People will still do it

Could affect your choices on jobs – you couldn't work in a nursery or be a teacher because they wouldn't be able to trust you around children

If you're on the Sex Offenders list doesn't that mean you have a criminal record – so you can't go to America or other countries?

Getting bullied, self-harm, committing suicide, suicidal thoughts

Could turn out like Amanda Todd – get really depressed and have everyone judging you and turning against you

10. Sexting Education

Maybe a school nurse or counsellor as you don't see them every day

That it was not a teacher as it's harder to talk to them – they will tell all the other teachers. This is more private than you know they're not going to gossip in the staff room

See important videos about the impact of sexting

Kids can talk about it after watching in case there is anyone that has any concerns

People should learn about it from the end of primary school

They do things about relationships but don't really go into things like sexting

Smaller groups – more personal – prefer it to be confidential so we can speak freely

11. Messages to other young people

It ruins your life because it gets spread around. You get bullied and can't get jobs or go places

Don't do it or send because it might get shared around when don't want it to and it can mess up your life

Think before you press send because it can affect your future

It's more dangerous than you think

If you want to see someone's private parts do it in person

12. Evaluation

We got told the risks and consequences in a mature way which will impact us more in smaller groups

Everyone contributed and said their opinion. We learnt loads

We all know more about sexting and we know the real meaning of illegal

Gets you to understand more about sexting

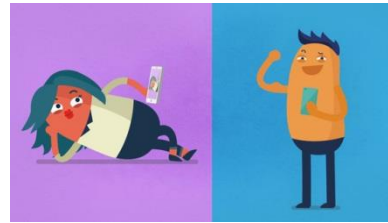
I think that now we have spoken about this, more people will think about it

Face to face. People talking about what they actually know rather than made up

Recommendations

- Develop a sexting resource pack including session plans, resources, guidance etc.
- Schools review their SRE, recommendation that some sessions delivered are confidential, single sex, other than school staff
- Sexting survey
- Investigate the commissioning of a video resource
- Share results with schools, partners and those working with young people

Resources



www.nspcc.org.uk/ShareAware

CEOP Nude Selfies www.thinkuknow.co.uk

UKCCIS :Sexting in schools and colleges: responding to incidents and safeguarding young people <https://www.gov.uk/government/groups/uk-council-for-child-internet-safety-ukccis>

New Resources from Childnet International – Cyberbullying guidance and PHSE suite of resources “Crossing the Line”

www.childnet.com/pshetoolkit www.childnet.com/cyberbullying-guidance

Oxfordshire County Council E-safety and Cyberbullying Toolkit

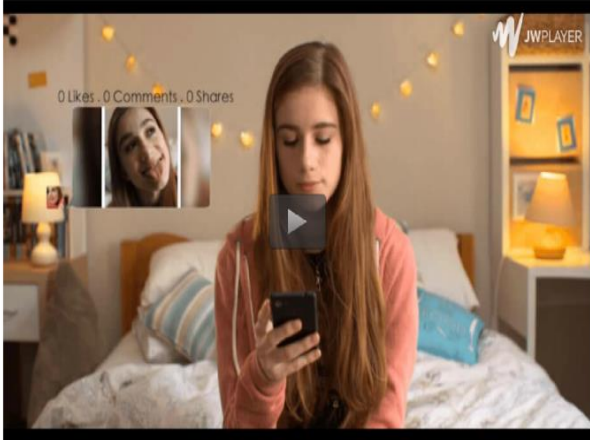
<http://schools.oxfordshire.gov.uk/cms/content/internet-safety-and-cyberbullying>
Jo.brown@oxfordshire.gov.uk

PSHE

"Just send it" Toolkit

← Back to resources

Just send it



0 Likes · 0 Comments · 0 Shares

Contains moderate bad language and themes of bullying

PSHE Association
Quality Assured
Resource

PSHE
Association

To download a copy of this film, right click this link and follow the download instructions.

Including lesson plans,
teachers guidance, activities

4 short films about
cyberbullying,
sexting, peer
pressure and self-
esteem

Small pilot - 100% of teachers
would recommend these
resources to other teachers.
80% pupils found the topic
interesting and relevant, 77%
found it helpful .

The title of this toolkit is 'Crossing the Line'. In this film, where do you think the line was crossed?

Abi was reluctant at first to send the image to Josh. What made her change her mind?

Did Abi give consent for her photo to be shared around the school? In this situation, who is more at fault - Josh, Abi or Brandon? Anyone else?

Responding to peer pressure

How could Jenna respond to Abi?

How could Abi respond to Josh?

